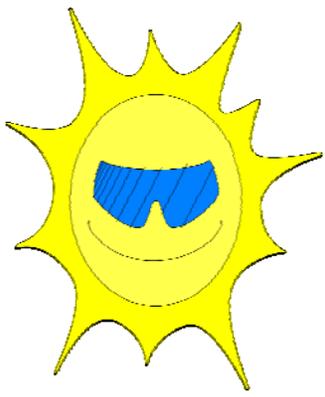
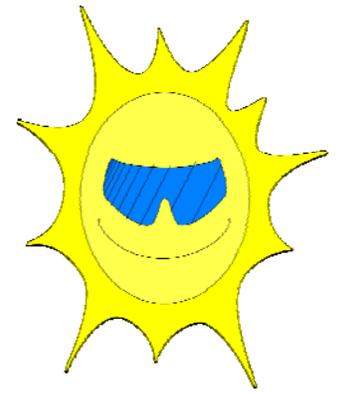


Sound Advice



The Hearing & Ear Care Center, LLC
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www.Hearingandearcare.com

Spring 2018

May is Better Speech & Hearing Month

But at the Hearing & Ear Care Center, every month is Better Hearing Month!

So, This happened....

For those of you who have been with me since the inception of my business, you know that 18 years ago I gave birth to my first son, Ryan. This month he will graduate from Lebanon Catholic School and in the fall head to Millersville University.

Graduation seemed so far into the future when he got on that school bus as a pipsqueak kindergartner. Now, it is upon me in less than a month. My heart is full of joy and pride as I see him grow into this young man before me. He enjoys life and while he has mixed feelings to close this chapter in his life, he excitedly anticipates opening a new one. His hopes and dreams limited only by his imagination and perseverance. Spread your wings my young son. Grow and learn and experience all that life has to offer. The world is yours.



KEEP MOISTURE AT BAY!

Whether we like it or not the hot days of summer are just around the corner. Moisture in the hearing aid can cause a static sound, cause the hearing aid to operate intermittently or not at all. Moisture comes from a variety of sources, including perspiration, high humidity, and direct submersion in water. To avoid the damaging effects of moisture we offer three devices to keep your hearing aid functioning in tip top condition.

The Dry Caddy is easy and portable. This option provides a powerful molecular sieve desiccant which captures moisture and odor. Secondly, the Zephyr is an electrical unit that operates on an 8 hour cycle using warm, moving air and a desiccant bar to absorb moisture. Thirdly, for those patients who have a history of ear infections or drainage, the Dry and Store Global II is a heavy duty dehumidifier. It uses a germicidal UV lamp to kill 99% of the common bacteria found in the external ear canal. Call our office with any questions and "Keep Cool" this summer.

One of the benefits of procrastination is that sometimes it allows you to add something in at the last minute. During my conference I learned there will be two new additions to the Dry & Store family. They use smaller Dri-Brics and will replace the Zephyr and Global units. Plus they look cool too! Come check it out !!

Keep Your Ears Protected this Summer

The most preventable change to hearing acuity is noise exposure. Did you know that inner hair cells continue to suffer damage or destruction for days after a loud sound exposure (Wang et al, 2002). With permanent hearing changes from noise exposure, the damage affects much more than the inner hair cells. From the spiral ganglion cells of the cochlear, on up to the brainstem cochlear nuclei, noise exposure causes damage to the outer sheath of the nerve. This slows the speed at which nerves send signals from the ear to the brain. It also causes a change in the timing information received from the ear. The disruption in timing information plays a part in decreasing the ability to locate where a sound is coming from (Tagoe et al, 2014; Kim et al, 2013; Zeng et al 2005). So now there are less hair cells to carry the speech signal to the auditory nerve, as well as timing distortion added to what it received. One more good reason to protect your ears from excessive noise exposure!

Office Closings

There are a few upcoming holidays and dates where the office will be closed. Please note that sometimes the schedule changes to suit the needs of each office location. So, as always, please call the office for an appointment in order to provide you with the care you need. Thank you!

April 18th -20th	Conference
May 24th -25th	Vacation -Dr. Hartman
May 28th	Memorial Day Closed
June 11th -15th	Vacation - Dr. Hartman
July 4th	4th of July Closed
Aug 8th -17th	Vacation - Dr. Frey

Refer a Friend

Being in small business, our livelihood depends on word of mouth referrals. We are always encouraged when our patients give us positive feedback but nothing validates our work better than telling your friends about us and how we have been able to help you. Your referral is the greatest compliment you can give to us!

How did we do?

Did you like our service we provided to you? If so, please take a few moments to review our services online. The links below will take you to the online search pages so you can write a brief review of our services. We thank you so much!

Hibu.us/bwll

<https://www.hearingandearcare.com/reviews>

DONATE YOUR OLD HEARING AIDS!

There is a great need in our community for people who cannot afford hearing aids. We are collecting used hearing aids to be refurbished for those in need. If you would like to donate your hearing aids, please drop them off at either office locations. There is a new non-profit clinic in Lancaster County that is looking for donations to provide audiologic services to people of all ages that either have no income or dealing with other illnesses in the family and have no extra income to buy hearing aids. Those requesting assistance give back to the community via service hours. It is a win-win for the community!

Science is organized knowledge. Wisdom is organized life. ~ Immanuel Kant

If you want something you've never had, you'll have to do something you've never done. ~ Dave Ramsey

The pessimist complains about the wind; the optimist expects it to change; the realist adjusts the sails. ~ William Arthur Ward